

## Know Your Health History!

<b>Family History</b>	My Family Health Portrait - <a href="http://familyhistory.hhs.gov">http://familyhistory.hhs.gov</a>
<b>Cancer</b>	American Cancer Society – <a href="http://www.cancer.org">http://www.cancer.org</a>
<b>Colorectal Cancer</b>	American Cancer Society – Colorectal Cancer - <a href="http://www.cancer.org/docroot/CRI/CRI_2_1x.asp?dt=10">http://www.cancer.org/docroot/CRI/CRI_2_1x.asp?dt=10</a>
<b>Breast Cancer</b>	American Cancer Society – Breast Cancer - <a href="http://www.cancer.org/docroot/CRI/CRI_2x.asp?sitearea=LRN&amp;dt=5">http://www.cancer.org/docroot/CRI/CRI_2x.asp?sitearea=LRN&amp;dt=5</a>
<b>Diabetes</b>	American Diabetes Association - <a href="http://www.diabetes.org/about-diabetes.jsp">http://www.diabetes.org/about-diabetes.jsp</a>
<b>Heart Disease</b>	Coronary Heart Disease - <a href="http://www.americanheart.org/presenter.jhtml?identifier=4726">http://www.americanheart.org/presenter.jhtml?identifier=4726</a> Heart Attack - <a href="http://www.americanheart.org/presenter.jhtml?identifier=1200005">http://www.americanheart.org/presenter.jhtml?identifier=1200005</a> Congestive Heart Failure - <a href="http://americanheart.org/presenter.jhtml?identifier=1486">http://americanheart.org/presenter.jhtml?identifier=1486</a> Angina - <a href="http://americanheart.org/presenter.jhtml?identifier=4472">http://americanheart.org/presenter.jhtml?identifier=4472</a> Heart Surgery - <a href="http://www.americanheart.org/presenter.jhtml?identifier=4484">http://www.americanheart.org/presenter.jhtml?identifier=4484</a>
<b>High Blood Pressure</b>	Your Guide to Lowering High Blood Pressure - <a href="http://www.nhlbi.nih.gov/hbp/index.html">http://www.nhlbi.nih.gov/hbp/index.html</a>
<b>High Cholesterol</b>	American Heart Association – About Cholesterol - <a href="http://www.americanheart.org/presenter.jhtml?identifier=512">http://www.americanheart.org/presenter.jhtml?identifier=512</a>
<b>Asthma</b>	American Lung Association – Asthma - <a href="http://www.lungusa.org/site/apps/nl/content3.asp?c=dvLUK9O0E&amp;b=2058817&amp;content_id=%7b39966A20-AE3C-4F85-B285-68E23EDC6CA8%7d&amp;notoc=1">http://www.lungusa.org/site/apps/nl/content3.asp?c=dvLUK9O0E&amp;b=2058817&amp;content_id=%7b39966A20-AE3C-4F85-B285-68E23EDC6CA8%7d&amp;notoc=1</a>
<b>Digestive Diseases</b>	Bowel Polyps - <a href="http://digestive.niddk.nih.gov/ddiseases/pubs/colonpolyps_ez/index.htm">http://digestive.niddk.nih.gov/ddiseases/pubs/colonpolyps_ez/index.htm</a> Inflammatory Bowel Disease - <a href="http://digestive.niddk.nih.gov/ddiseases/pubs/crohns/index.htm">http://digestive.niddk.nih.gov/ddiseases/pubs/crohns/index.htm</a>
<b>Chronic Obstructive Pulmonary Disease</b>	American Lung Association – COPD - <a href="http://www.lungusa.org/site/apps/nlnet/content3.aspx?c=dvLUK9O0E&amp;b=2058829&amp;content_id=%7bEE451F66-996B-4C23-874D-BF66586196FF%7d&amp;notoc=1">http://www.lungusa.org/site/apps/nlnet/content3.aspx?c=dvLUK9O0E&amp;b=2058829&amp;content_id=%7bEE451F66-996B-4C23-874D-BF66586196FF%7d&amp;notoc=1</a>
<b>Chronic Back Pain</b>	Sciatica - <a href="http://www.sciatica.org">http://www.sciatica.org</a> Low Back Pain - <a href="http://www.ninds.nih.gov/disorders/backpain/backpain.htm">http://www.ninds.nih.gov/disorders/backpain/backpain.htm</a>